

The

Elkford Focus

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March 2016

Volume 10 Issue 2



Tacky Toque Edition



ASPIRE SALON

ANNETTE SHEPPARD
HAIR STYLIST



1156 NASHTON CRES..
ELKFORD B.C.
VOB 1H0

250-865-7345
250-433-1399
HOOPER@HOTMAIL.COM

T.O.P.S.

(Taking Off Pounds Sensibly) #5097 Elkford Chapter

Meet regularly every Tuesday at the
Elk Valley Congregational Church Basement
Confidential weigh in: 4:00 p.m. – 4:30 p.m.
Meetings: 4:30 p.m. 'til 5:30 p.m.

Everyone is welcome and we strive to educate each
other pertaining to nutrition and food values.

For further information call Renie @ 250-910-1944
or Lila @ 865-7190

AGNES CREEK TRADING

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Handyman Projects

Call Jack. Cell: 425-5327
865-7221

Workshops

If you are interested in sharing your talents with the
community by holding a workshop
please call the Elkford Public Library at
250-865-2912

Our goal is to cultivate a Focus on Elkford and we welcome your
submissions of events, announcements, classifieds, ideas and
opinions to focus@elkfordlibrary.org or bring your legible copy to
the Library. The Elkford Focus, Board and Staff of the Library do
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The Elkford Wine Steward U-BREW ON PREMISES



Dave & Kathy Scott

Email: djscott4@telus.net

Phone: (250) 865-4403 Cell: 250-421-8603

Box 459, #7 Bear Paw Crescent
Elkford, BC V0B 1H0

You can find us on facebook



wiggles&waggs



Cindy hancock

Dog grooming

24 delta cres
Elkford bc

250-433-7220

Big dogs welcome!

HEAVEN'S RICHES ARE TAX FREE!

Join us at Immanuel Lutheran Church
2700 Balmer Drive
across from

Rocky Mountain Elementary School

Sunday service at 4:00 pm

Need to talk to a Pastor?

Call toll free 1-866-426-7564

check out our website at www.eklutheran.ca

We wish to thank those who distribute the Elkford Focus:

Chauncey Ridge Food Mart
Elkford Conference Centre
Elkford Mini-Mart/Fas Gas
Race Trac Gas
Elkford Motor Inn & Restaurant
Kapps Pizza House
Kootenay Market
District of Elkford
BC Elkford Liquor Store



Elk Valley Congregational Church

elkvalleycongregational.org

We have just celebrated Valentine's Day, the day when we tell our husbands, wives, children and friends that we really like them. I hope it was a joyous day for everyone.

When this edition of the Focus comes out, we will be looking forward to another celebration. I am speaking about celebrating Easter. As we move toward this holiday we will also be looking forward to warmer weather, flowers budding and showing off their beauty, and the leaves on the trees turning green. Also the daylight lasts longer every day. We feel revitalized.

Spring ushers in new life. I remember my years growing up on the farm. It was so exciting to see new life, like a calf just born and being wobbly-kneed as he or she tried to get to the cow to have his or her first meal after birth. There often were new piglets. They would sometimes be squealing as they made their way to mother pig for their first feeding. On our farm we had chickens. The baby chicks would arrive from the hatchery and they were so small and fluffy. These animals and birds gave us a picture of what all of us go through. We are born small, helpless, and depending on others to help us survive.

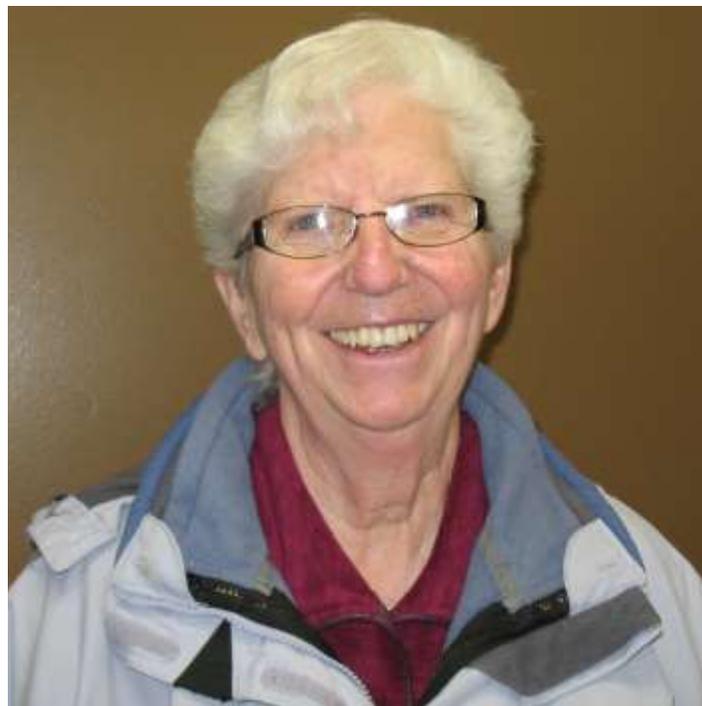
Jesus was also born as a baby to Mary. He grew up and because He was and is the Son of God, He walked this earth. Matthew 17:5 and Mark 9:7 says to us, "This is my Son, whom I love; with Him I am well pleased. Listen to Him." These words come from the Father in Heaven. We know that Jesus was crucified by men and died and was buried. However on the third day He rose again and now sits at the right hand of the Father. He came to earth to show each and every one of us that He loves us, that after dying on the cross He rose again. He so desires for all of us to accept Him into our hearts, live in obedience to Him so we can be assured of eternal life with Him and the Father. Scripture tells us in John 3:16, "God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

If you haven't already believed in Him as your Savior, do so this Easter season. Then when you go to church on Good Friday and/or Easter Sunday you will be able to celebrate knowing that you are a kid of the King and you will have eternal life with Him.

Happy Easter to all of you.
Blessings,
Pastor Kaye

Volunteers Needed

The Cultural Society of Elkford is initiating a roster of persons in Elkford who wish to be on a list of contributors for funeral luncheons. There are many who are willing to contribute. Whoever wishes to be on the list for luncheon contributions, please contact the Elkford Cultural Society to place your name on the rotation roster for future service to our community. The churches always feed the mourners, yet there are many others who would happily donate sandwiches or squares to those who support the grieving. This list is available by emailing Faye Sigurdson, or simply calling 250-865-7119 to register.



Thank you to all my friends and family who were able to attend my retirement party; for a wonderful supper, and the words and songs that were shared. Also thank you to all who donated to the Love Offering. It was a great evening and one I will treasure for ever.

Pastor Kay

**Pierre Parizeau Foodbank
Benefit
March 12th
Sneaky's Pub,
7 pm to 1 am
Art Auction
10th Anniversary Surprise Draw
\$10 cover charge
See you there!**



Preschool Dance

The Elkford Early years Committee hosted a Preschool Dance and Pizza party on Sunday February 14th. There were around 186 people in attendance.

The Elkford Eey committee was able to host the event with the help of committee volunteers, community business support, the District of Elkford, and the funds raised from the Fifth Annual Tee-Off for Tots Tournament.

The Early Years Committee is inclusive and dedicated to supporting young families and children in Elkford, and assisting them in accessing information, services and programs that support healthy child development. The Committee raised funds for their Healthy Start program at the event. Healthy Start is a family centered early childhood development program that is focused on physical activity, healthy eating, and self-esteem building activities. It is a free drop in program that runs at the Community Centre and Preschool on Saturdays.



Mountain Electric
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Jason Heyboer, FSR electrician
jason.mountainelectric@yahoo.ca
Box 1278 Elkford, BC V0B 1H0

**“There is nothing certain in life
except for death & taxes.”**

And fortunately you have me to help you with the latter. Yes, it is Tax Time again and this is your reminder.

Do you know that CRA is phasing out writing cheques? You need to set up Direct Deposit to be ready for CRA to put your tax funds (and any other moneys coming from the Federal Government) right into your bank account.

CRA continues doing more processing reviews of our tax returns in their effort to squeeze a few more dollars from us all. Don't just pay any amount they say you owe before you look into it, as it is often a matter of providing information to back-up your claim.

What's New and Reminders:

You have benefits for your children for their attendance in art and/or physical activity programs and new this year is an equipment amount.

Teachers and Assistants can claim an amount for coaching.

The family tax cut continues this year.

An important item in the Elk Valley, where we have to travel for a good portion of our medical care, is to claim expenses. Depending on the situation, you can claim travel, meals and accommodation.

When you bring me your tax information, please remember to bring the assessment or re-assessment that the government sent after filing your 2014 taxes.

I am looking forward to seeing all my prior clients again. Thank you for your business. referrals are welcome and so are new clients.

Bookkeeping
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Cell 250-203-3956

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IT'S BACK!!

ELKFORD LIONS

COMMUNITY CALENDAR

HELP BRING OUR
COMMUNITY SPIRIT
CALENDAR BACK

THE CALENDAR OFFERS :

- LOCAL SHIFT CALENDAR
- FRIENDS AND FAMILY 'S BIRTHDAYS, ANNIVERSERIES MEMORIAL
- GROUP MEETING DAYS
- EMERGENCY NUMBERS
- BUSINESS ADS IN FULL COLOUR
- LOCAL PHOTO CONTEST EACH YEAR

FOR MORE INFORMATION PLEASE CALL

DEBBY 250-865-2650

EMAIL :elkfordlionsclub@gmail.com



LACROSSE REGISTRATION NIGHT

Wednesday March 2nd 6:00-8:30 pm

Elkford Conference Center

Open to Kids Ages 5-16 as of December 31, 2016

Check out our Facebook Page @ Elk Valley Eagles Lacrosse or email us at eklacrosse@hotmail.com for more info.

Elk Valley Eagles Lacrosse Brings Special Guest to Elkford for Mini Camp

On Thursday February 11, 2016, Elk Valley Lacrosse welcomed a Special Guest, Naomi Walser, a First Nation's National Female Lacrosse Player.

Naomi has represented Canada multiple times as a Female Junior and Senior Lacrosse player in the World Cup and Commonwealth Games. Naomi came all the way from Cowichan Bay to run a two hour mini-camp at the Elkford Secondary School. The camp was free for anyone wishing to learn the sport from within the Elk Valley, and we had about 23 kids turn out, ranging from ages 6 to 15. She started the camp with a brief history of the sport itself and why it's Canada's National Summer Sport. She also explained how the sport itself was used to end disputes in the past between tribes—sometimes resulting in month long games. Naomi proceeded by starting with basic skills, such as scooping the ball and cradling, and moved onto more complicated skills like the Indian Pick Up. All the kids that participated were eager to learn the skills, old and new, and truly enjoyed themselves.

Although Lacrosse is new to the Elk Valley, it is a very popular sport. The Elk Valley Eagles have been established in the Elk Valley for the past 2 years and they are hoping that this season will be the best yet! We have amazingly committed coaches who have an absolute love for the sport, and the parents and kids are really enjoying themselves.

Last year we played in the Southern Alberta Lacrosse Association and were travelling every weekend as far as Brooks for League games. To relieve some of the travel pressure this season we have chosen to participate in Tournament Play instead. This means that we are only committed to travelling to 3 or 4 tournaments as an Association, gaining more games played. This will make it easier for parents who have kids playing on different teams as teams will be travelling together. Lacrosse is open to all kids ages 5 to 16, and almost all practices will be held in Elkford this season.

For more information please contact us at eklacrosse@hotmail.com or check out our Facebook page: Elk Valley Eagles Lacrosse.





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Find me on 

Email: vanessa@elkfordproperty.com



Elkford's Night Sky

Photo by Ericki Filipe



Mountain Meadows Golf Club
 Box 190 (815 HWY 43) Elkford, B.C. V0B 1H0
 Phone: 250 865-7413 Fax: 250 865-7484



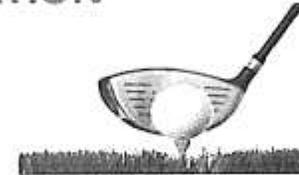
2016

EARLY BIRD MEMBERSHIP APPLICATION

SURNAME: _____ FIRST: _____

Mailing Address: _____

Telephone: _____ Email: _____



Date of birth: _____

(If applying for Seniors, Juniors, Students)

Today's Date: _____

Total Dues Submitted: \$ _____

Paid by: Cash CK Debit Visa MC
 Circle type of payment

CATEGORY	FEES	BCGA	BC ZONE	INTERNET	GST 5%	TOTAL
Ladies - Single	537.30	32.50	4.00	2.00	28.79	604.59
Ladies - Senior (65 & Over)	346.35	32.50	4.00	2.00	19.24	404.10
Ladies - Student (19 & Over)	346.35	32.50	4.00	2.00	19.24	404.10
Ladies - Junior (13-18)	235.52	32.50		2.00	13.50	283.52
Girls - Junior (9-12)	151.56	31.50		2.00	9.25	194.31
Men- Single	537.30	32.50	4.00	2.00	28.79	604.59
Men - Senior (65 & Over)	346.35	32.50	4.00	2.00	19.24	404.10
Men - Student (19 & Over)	346.35	32.50	4.00	2.00	19.24	404.10
Men - Junior (13-18)	235.52	32.50		2.00	13.50	283.52
Boys - Junior (9-12)	151.56	31.50		2.00	9.25	194.31
Couple	926.25	65.00	8.00	4.00	50.16	1,053.41
Coupe - Senior (both over 65)	595.35	65.00	8.00	4.00	33.62	705.97
***Family (see below)	1,111.82					
Cart Fees	90.00				4.50	94.50
Shed Maintenance Fees	25.00				1.25	26.25
Clubhouse Dues (New Members)	30.00				1.50	31.50

*** Family dues vary according to family size and composition.
 All RCGA/BCGA, BC Zone and Internet fees have to be paid in full.
 Split payments will be accepted. The first payment MUST be paid with your application.
 Any post dated chques are to be made payable May 15 & June 12, 2016
 No split payments will be accepted after June 15, 2016



The Western Community Foundation donates \$5,000 to Elkford Minor Ball for shaling the local ball diamonds.

Elkford | 814 Michel Road | 250-865-2261

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 - Instant Refund *some conditions apply*
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- RRSP Over Contribution Returns
- Tax Free Savings Account Over Contribution Returns
- Bookkeeping Services
- And More....

70-101 Red Cedar Drive (Sparwood Mall)

Monday to Friday 8:30 a.m. – 5:30 p.m.
 Saturdays 9:00 a.m. – 2:00 p.m.
 Walk ins, Drop offs and Appointments
 250-425-2822

*Proudly providing service all year
 to the Elk Valley for 8 years!*

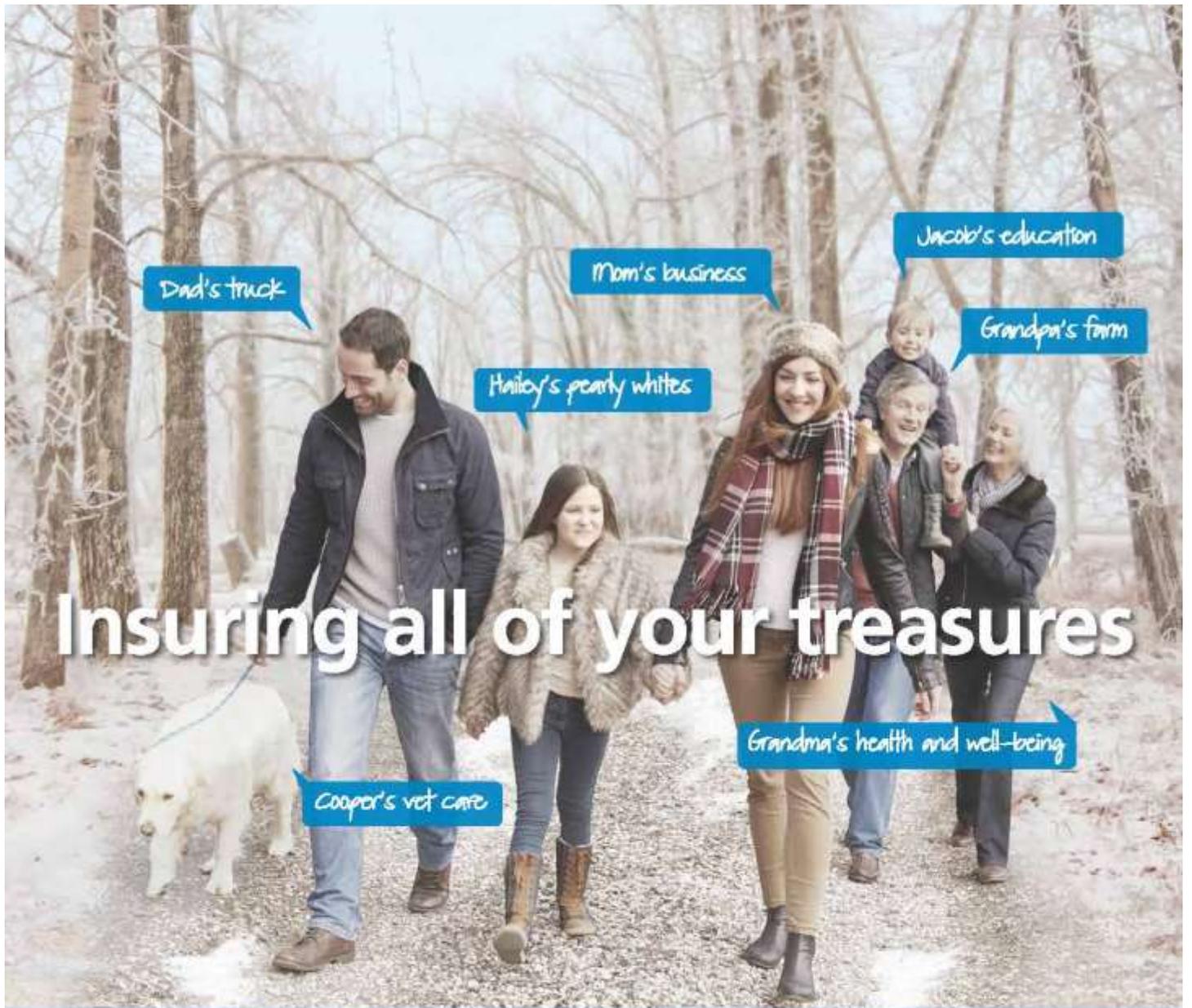
ELKFORD FOODBANK NEWS

March will be a busy month for the Elkford Food Bank. With Easter coming earlier this year, we will be taking names for anyone wanting an Easter Food Hamper up until March 12th. Please call 250-865-4029 and leave your name and a contact number.

Also happening in March is our 10th annual Pierre Parizeau Food Bank Benefit. This event has seen some changes, but the premise is still the same: people getting together to listen to some great live music and have some fun while supporting our local foodbank. There will be a \$10 cover charge and food will be available.



Pierre Parizeau Foodbank Benefit
March 12th
Sneaky's Pub,
7 pm to 1 am
Art Auction
10th Anniversary Surprise Draw
\$10 cover charge
See you there!



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*No purchase necessary. Contest runs from January 25, 2016 to April 3, 2016. This contest is open to all eligible residents of the province in which they reside who have reached the age of majority in the province at the time of entry, excluding Quebec. Ten weekly prizes in the form of a \$1,000 CDN cheque will be awarded to qualified winners and one Grand prize in the form of a \$10,000 CDN cheque will be awarded to a qualified winner. Winners will be required to correctly answer a mathematical skill-testing question before claiming prize. Odds of winning depend on the number of entries received before each weekly draw deadline. For complete contest rules, please visit your local participating branch or www.westernfinancialgroup.ca. Some restrictions may apply.



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CUSTOM ORTHOTICS**



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Dr. Ryan Hoetmer



Annesa Thompson, RMT



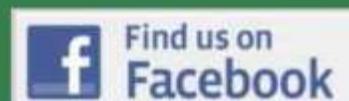
Laurie Sibbeston, RAc

***NEW*
REGISTERED
ACUPUNCTURIST**

**Sparwood in the Greenwood Mall
Mon-Fri 8:30am - 6:00pm**

**Elkford @ Teck Elkford Community Centre
Tues 3:00 - 6:00pm
Thurs 2:00-5:00pm**

www.sparwoodchiro.com



Rod and Gun Club Thank You

The Elkford Rod and Gun Club would like to thank all of the individuals and businesses that generously donated to the Hunting Film Tour Fundraiser event held on February 13th. Your support helped make the evening a very successful one. We encourage everyone to show your thanks by supporting these great businesses.

PLATINUM SPONSORS

SJK, Slumberjack Gear
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Alpine Wildlife
Designs Taxidermy, Cranbrook
Fawn's Taxidermy, Jaffray
Alpine Home Hardware, Blairmore
The Coalminer's Gallery, Elkford
Flint Tannery and Taxidermy, Cranbrook
Open Range Optics, Lethbridge
Teck Coal, Sparwood

GOLD SPONSORS

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Wes' Country Meats, Fernie
The Sparwood Rod and Gun Club
Bighorn Photography, Coleman
Elk Valley Precision and Cab, Sparwood
Full Curl Taxidermy, Sparwood
The Elk River Guiding Company, Fernie
The Wild Sheep Society of BC
Kathy Forsyth Quilting, Lomond

SILVER SPONSORS

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East Kootenay Community Credit Union, Elkford Branch
Wholesale Sports, Lethbridge
Mor Jerky, Elkford
Lane Archery, Lethbridge
Canadian Tire, Fernie
The East Kootenay Wildlife Association
The BC Wildlife Federation
Joy Global, Sparwood

BRONZE SPONSORS

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The Lamplighter Pub, Elkford
Mountain Mechanical, Elkford
Rebecca Robinson-Bauer, Gold Canyon Consultant, Elkford
Laura Cunningham, Beach Body Coach, Elkford
Ashley Brunet, Elkford
Kuts 'n' Kurls, Elkford
Subway, Sparwood
Cummins, Sparwood
Race Trac Gas, Elkford

Spring Break Programs

Space is limited: register now!

Registration deadline for all Spring Break programs: March 7th

To register: 250.865.4010 / 750 Fording Drive

Spring Break Multi-Day Activity Camps

Each day will feature a different theme! Get wild and creative, explore with hands-on fun, and keep active for Spring Break! Themes include: *It's a Jungle out There, Space Time, Colourful Me, Super Hero Day and Mad Scientists!*

Spring Break Camp #1: Ages 4, Kindergarten & Grade 1

March 14th - 18th (Mon. - Fri.) | 10:00 AM - 12:00 PM
\$50.00/person | Minimum 5, Maximum 15

Spring Break Camp #2: Grades 2 & 3

March 14th - 18th (Mon. - Fri.) | 12:30 PM - 2:30 PM
\$50.00/person | Minimum 5, Maximum 15

Spring Break Camp #3: Grades 4, 5 & 6

March 21st - 24th (Mon. - Thurs.) | 10:00 AM - 2:00 PM
\$100.00/person | Minimum 8, Maximum 20

Game and Grub Nights for Pre-Teens and Teens

A night that will include both a challenging, but fun, outdoor game and a more relaxed indoor activity. After you are worn out from the games and activities (think along the lines of Capture the Flag, trivia and more), relax with social lounging time while enjoying grub.



Game and Grub Night #1 Grades 4, 5 & 6

Mar. 14th | 5:00 - 8:00 PM
\$10.00/person | Min. 10, No Max.

Game and Grub Night #2 Grades 7, 8, 9 & 10

Mar. 15th | 5:00 - 8:00 PM
\$10.00/person | Min. 10, No Max.

Game and Grub Night #3 Grades 4, 5, & 6

Mar. 22nd | 5:00 - 8:00 PM
\$10.00/person | Min. 10, No Max.

Game and Grub Night #4 Grades 7, 8, 9 & 10

Mar. 23rd | 5:00 - 8:00 PM
\$10.00/person | Min. 10, No Max.

For the Love of Dance Spring Break Dance Workshops

Dance Workshop: 5 - 8 Years

Mar. 15th - 17th | 9:30 AM - 12:00 PM
\$110.00 per person | Min. 5, Max. 15

Dance Workshop: 9 Years +

Mar. 15th - 17th | 12:30 - 3:00 PM
\$110.00 per person | Min. 5, Max. 15



ALL DISTRICT OF ELK FORD OFFICES CLOSED

Good Friday (March 25th) & Easter Monday (March 28th)

Spring Break Swim Lessons



Spring Break Swim Lessons at the Elkford Aquatic Centre

To register: 250.865.4012 / 816C Michel Road
March 15th - 24th | Tuesday - Friday | 7 Classes

Sea Otter	9:30 - 10:00 AM	Cost: \$27.75
Salamander	9:30 - 10:00 AM	Cost: \$27.75
Level 1/2	10:00 - 10:30 AM	Cost: \$27.75
Level 3/4	10:00 - 10:30 AM	Cost: \$27.75

Spring Craft Classes for Adults (16 Years +)

Terrarium Workshop

Bring in the Spring; create a decorative indoor garden inside a glass container. All supplies included.

Mar. 9th | 6:30 PM - 9:00 PM
\$42.75 per person + tax | Min. 5, Max. 10
Registration deadline: March 2nd

Fresh Flower Easter Arrangement

Add some colour to your home this Easter with a fresh Easter arrangement. All supplies included.

Mar. 16th | 6:30 PM - 9:00 PM
\$48.85 per person + tax | Min. 5, Max. 10
Registration deadline: March 9th

Thank You!

**Winter in the Wild 2016
was a Huge Success!**

The District of Elkford would like to thank all of the community clubs, volunteers and sponsors who made Winter in the Wild 2016 a giant success! We couldn't have done it without you!

Elkford Fire Rescue, Elkford Nordic Ski Club, Mountain Meadows Golf Club, #279 Elk Valley Air Cadets, Elkford Arts Council, Elkford Minor Ball Association, Elkford Lions Club, Elkford Curling Club, Elkford Rod and Gun Club, Elk Valley Minor Hockey Association, Elkford Early Years Committee, CUPE Local 3004, Elkford Women's Task Force Society, Elkford Scouting Association, BP Industrial Services/Bears paw Contracting

What's happening at



Spring Workshop

Hunting for your Ancestors?

Whether you are new to creating a family tree, or trying to find a few lost branches, it is amazing what you can discover online.

The Elkford Public Library has free access to records, available through Ancestry.ca. Learn the best ways to use this resource, find others with connections all over the world, and even make a chart of your family.

Sign up at the Library if you are interested in this Spring workshop.

**For more information and to register,
please call the library at
250-865-2912.**



If you belong to a club or a group, and want to write for the Focus, give us a call, or email your article to focus@elkfordlibrary.org. Questions? Call us at 250-865-2912

RMES Book Club

in partnership
with
the Elkford
Public Library



A new Grade 6 book club has begun at RMES.
Our next meeting will be
Thursday, March 10th
during lunch break.

We will be discussing
"Escape from Mr. Lemoncello's Library"
by Chris Grabenstein



the Elkford Public Library



Preschool Visit

Miss Becky and Miss Lorraine brought all three preschool classes to visit the library. We talked about bullying and dinosaurs, went on a tour, sang songs and read stories.

We hope to see you again soon!



Kids' Knitting

Knitting is going strong. Up to ten kids have showed up to learn how to knit with Mandy and Becky. It looks like a lot of fun, and every kid walked out with knitting needles holding their first projects.



Our latest display: Old time sports

CONDOS FOR RENT IN ELKFORD

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Email: crklass@telus.net

Cell: (250) 425-4295

www.4RentInElkford.com



www.facebook.com/ChristalKlassenElkfordPropertyManager

Brokerage: 106-101 Red Cedar Dr, PO Box 1505, Sparwood, BC V0B 2G0

NOTE: The following are available for rent either Immediately or within the next month ~ Contact me for more details!

No Smoking, No Pets. References Required. Minimum 1 month term.

RENT MAY STILL BE NEGOTIABLE.

# Bedrooms + Bathrooms	Furnished / Unfurnished	Monthly Rent
2 bedroom + 2 bathroom	Furnished, Ws/Dr	\$1100-1150
2 bedroom + 2 bathroom	Furnished	\$1000-1050
2 bedroom + 1 bathroom	Furnished, Ws/Dr	\$950
2 bedroom + 1 bathroom	Furnished	\$875
1 bedroom + 1 bathroom	Furnished	\$675-800
studio + 1 bathroom	Furnished	\$550-625
2 bedroom + 1 bathroom	Unfurnished	\$750
1 bedroom + 1 bathroom	Unfurnished	\$575

Availability is subject to change.

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Jack's Cell: 250-425-5327

Fax: 250-865-7355

Email: agnes11@telus.net



ENJOY GROWING YOUR OWN PRODUCE
***SHORTEN THE WINTER *LENGTHEN THE SUMMER!**

**** COMING THIS SPRING—GREENHOUSES****
PRE-FABBED HERE IN ELKFORD AT OUR MILL

10'X10'

8'X10'

8'X8'

6'X8'

ESS Represented at 2016 Regional Skills Canada Competition

Grade 11 student, Kyle Klippenstein, headed to Cranbrook on Friday, February 19th to participate in the Regional Skills Canada Competition held at the College of the Rockies. The Skills Canada Competitions are a great way for students to demonstrate their knowledge and skills in a particular trade in a fun, yet competitive environment.



Kyle entered into the Secondary School Carpentry competition. All carpentry students worked eagerly to demonstrate their skills and to complete their project in the allotted time. There was some stiff competition, but in the end, Kyle's finished project won him the gold and an opportunity to participate at the Provincials in Abbotsford on April 13th for the second year in a row.

Although Kyle was not able to take carpentry at school this year due to conflicting course schedules, this has not deterred him from following his passion. With his interest in carpentry and a desire to showcase his skills, he was determined to attend this year's challenge.

Congratulations Kyle!

By C. Klippenstein



Optimist Junior Interclub Curling Playday in Elkford

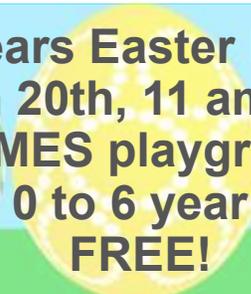
On Sunday, February 14th the Elkford Curling Club hosted an Optimist Junior Curling Interclub League playdate with teams from Elkford, Sparwood, Cranbrook, and Invermere. Each team played two games with a lunch break between the games. The games were impressive with the youth demonstrating excellent sportsmanship and some promising curling talent!

Thank you to all the club members and parents who volunteered to organize the lunch and a big thank you to all the community members who came to cheer the kids on!

The last playday of the 2015/2016 season will be



Early Years Easter Egg Hunt
March 20th, 11 am sharp
at RMES playground.
For 0 to 6 year olds
FREE!



DARLA REGIER

Financial Service Officer
Tel 250.865.4661
dregier@ekccu.com

JENN LAU

Financial Service Officer
Tel 250.865.4661
jlau@ekccu.com

814 Michel Rd,
Elkford Square

WWW.EKCCU.COM

For all your investment
and lending needs,
call your local Financial
Service Officer.

EK East Kootenay
COMMUNITY
CREDIT UNION



WHY EKC?

~~93%~~ **97%**

of members surveyed said they would recommend EKC to their friends and family



Sandra Barbara TULL
June 4, 1948 - February 21, 2016



We would like to extend a heartfelt thank you to all the volunteers and for all the food donations to our family in our time of need at the loss of our Father, Grandfather and Great-Grandfather, Jerome Bourgeois.

The Bourgeois Family



279 Air Cadet Squadron 30th Anniversary Reunion 1985-2015

**Were you, or do you know someone who was an
Air Cadet or member of the Sponsoring
Committee?**

We are having a reunion.

Saturday April 2nd 2016

**The Emerald Room, Causeway Bay Hotel,
Sparwood**

Dinner 5:30 pm Reunion 7:30 pm

For more information:

Facebook: 279 Elk Valley Air Cadets 30th Anniversary

Email: Chair279@outlook.com

Phone: Karen Mills: 250-278-0101



Invite all current and potential members to our

Annual General Meeting

being held in

Elkford Community Conference Centre - Teck Hall

on

Thursday March 31st, 2016

at

3.00pm

Please take this opportunity to attend, network and listen to informative presentations by **John Pumphrey**, COO of (CanAus Coal Limited), **Roger Berdusco**, Sr. Corporate Advisor (CanAus Coal Limited) and **Elkford Community Groups**. Utilize your vote and help establish the 2016/2017 Board of Directors.

Tickets are \$10 per person which includes a Buffet

Please confirm your attendance by contacting Kaydia Wright:

Tel: 250 425 5725

Email: info@elkfordchamberofcommerce.com.

A large, hand-drawn thought bubble with a scalloped border and three smaller circles at the bottom left. Inside the bubble is text regarding becoming a Chamber Board Member.

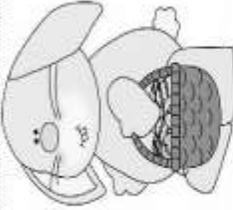
**Become a Chamber Board Member
2016-2017**

Would you like to nominate a member to be a director on our Board? If so please contact our nominating Committee by March 16th. By emailing info@elkfordchamberofcommerce.com or call (250) 425-5725

Elkford Early Years

Diggin' in for our most precious resource.

KID'S COMMUNITY CALENDAR MARCH 2016



PROGRAMS, EVENTS AND INFORMATION FOR KIDS AGES 0-12.

All programs, meetings, and events are subject to change. Please contact the individuals on the back for confirmation of times and details.

- Elkford Community Resource Numbers**
- POLICE 911
 - AMBULANCE 911
 - BCNurseLine 1-866-215-4700
 - POISON CONTROL 911 or 1-800-461-9911
 - RMES 250-865-4625
 - Recreation Centre 250-865-4010
 - Aquatic Centre 250-865-4012
 - Public Library 250-865-2912

The ICE is in ...
Please check the District of Elkford website www.elkford.ca for this month's ice schedule.

If you would like the Kid's Calendar emailed to you or you have any information you would like included or updated in this calendar please contact:
Jennifer Cherney

EEY Information Coordinator
cherneyjennifer@gmail.com
250-865-7156

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Rocky Mountain Elementary School Spring Break March 14th-28th	\$3 Swim 10:30-12:00 Swim Club Early Years Meeting 6:30-8:30	Parent/Txk Funtime \$3 Swim 10:30-12:00 Swim Club	Love 2 Learn 9:30-11:00 Swim Club Public Swim 6-8 Sports, Brownies & Outlets	EMERGENCY Day \$3 Swim 10:30-12:00 Public Swim 1:15-3:15 Public Swim 6-8	5 Family Swim 1:30-2:30 Public Swim 2:30-5 & 6-8
6 Family Swim 1:30-2:30 Public Swim 2:30-5:00	7 Mom and Me	8 \$3 Swim 10:30-12:00 Swim Club	9 Parent/Txk Funtime \$3 Swim 10:30-12:00 Swim Club	10 \$3 Swim 10:30-12:00 Swim Club Public Swim 6-8 Sports, Brownies & Outlets	11 \$3 Swim 10:30-12:00 Swim Club Public Swim 6-8	12 Family Swim 1:30-2:30 Public Swim 2:30-5 & 6-8
13 Family Swim 1:30-2:30 Public Swim 2:30-5:00	14 Mom and Me	15 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00	16 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00	17 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00 Public Swim 5-8	18 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00 Public Swim 5-8	19 Family Swim 1:30-2:30 Public Swim 2:30-5 & 6-8
20 Family Swim 1:30-2:30 Public Swim 2:30-5:00	21 Mom and Me	22 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00	23 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00	24 \$3 Swim 10:30-12:00 Public Swim 1:00-4:00 Public Swims 5-8	25 Good Friday	26 Easter Weekend Family Swim 1:30-2:30 Public Swim 2:30-5 & 6-8
27 Easter Weekend Family Swim 1:30-2:30 Public Swim 2:30-5:00	28 Easter Monday	29 \$3 Swim 10:30-12:00 EMERGENCY PAC Meeting 6:30-8:30	30 Parent/Txk Funtime \$3 Swim 10:30-12:00	31 \$3 Swim 10:30-12:00 Public Swim 6-8 Sports, Brownies & Outlets	<p>Join us for our Annual Easter Egg Hunt on Sunday March 27th at Rocky Mountain Elementary School playground. Hunt starts at 11:00am promptly. This event is for 6-6 years olds ONLY.</p>	

TURN OVER FOR MORE
DETAILED INFORMATION



Sponsors and Partners:



Elkford Early Years Committee is an assembly of individuals and interested groups working together to address the importance of the first 6 years of a child's life.

Meetings are the first Tuesday of each month from 6:30pm
 Contact: Ravneet Gill, EEEY Coordinator ~ elkfordecd@gmail.com or FB Elkford Early Years Committee
 Phone: 250-865-2222



RMES PAC is a council open to all parents and/or guardians of students of Rocky Mountain Elementary School.
 Meetings are the third Tuesday of each month from 6:30-8:30pm
 Contact: Jennifer Gernon, RMES PAC Chair ~ rmespac@yahoo.ca
 Phone: 250-865-4686



Mom & Me is a free drop in program for children 0-6 and their parents / caregivers.
 Mondays from 9:30 - 11:30 at the Elkford Alliance Church
 1803 Alpine Drive
 Contact: Ravneet Gill, EEEY Coordinator ~ elkfordecd@gmail.com or FB Elkford Early Years Committee
 Phone: 250-865-2222



Parent/Tot Fun Times is a free drop-in program for children ages 0-6 and their parents/caregivers.
 Wednesdays at the Elkford Congregational Church
 500 Alpine Way
 9:30 - 10:30 Parent Support Group (childcare on site)
 10:45 - 11:15 Rhyme Time (sing songs and story time)
 11:15 - 12 noon Playtime
 Contact: Petrea Palmer ~ evcpcp@gmail.com
 Find us on FaceBook at Parent/ Tot FunTimes



Elk Valley Dolphins Swim Club
 Contact: Jera Kipnik ~ 250-433-7475



Elkford Healthy Start is a free drop-in program for parents and children 0-5yrs. Everyone welcome and parent participation is required!
 Saturdays at the Elkford Play School 10am-12pm
 Contact: Ravneet Gill, EEEY Coordinator ~ elkfordecd@gmail.com
 Phone: 250-865-2222



Love 2 Learn is a free Parent/ Child program for children aged 3-5 Thursdays at the Elkford Alliance Church 9:30-11:00am
 Contact: Chrissy Hill to register ~ elkvalleycoordinator@ctbal.org
 Phone: 250-946-7257

Elkford Leisure Service Department

Contact: Jody or Chantel ~ recreation@elkford.ca
 Phone: 250-865-4010
 Visit www.elkford.ca or call for more program information.

To register for programs, please stop by the Elkford Community Conference Centre, Monday - Saturday from 9:00am - 5:00pm. All programs are on a first come first serve basis. They accept cash, debit, Visa MasterCard and cheque. To avoid disappointment, please register early. Low registrations one week prior to the class start date could result in the class being cancelled.



Elkford Aquatic Centre
 Contact: Judy James ~ j james@elkford.ca
 Phone: 250-865-4012

Please check the Leisure Guide for dates and times for swimming lessons. Lessons are on a first come, first serve basis and payment is required at the time of registration. Visit the web site for the complete public swim schedule ~ www.elkford.ca



Elkford Playschool
 750 Fording Drive
 Contact: Kim Bauer ~ ewdf@telus.net
 Phone: 250-433-1863 EWTF: 250-865-2031



Sparks, Brownies, & Guides
 Meetings every Thursday:
 Sparks (grades K & 1) 5:30-6:30pm
 Brownies (grades 2 & 3) 5:30-6:30pm
 Guides (grades 4, 5, 6) 5:30-7:00pm
 Contact:
 Dallys Kmiecik ~ dallyswildeman@telus.net
 Phone: 250-865-2793
 Christal Klassen ~ crklass@telus.net
 Phone: 250-865-7789



Beavers, Cubs, & Scouts
 Registration is ongoing. All programs are co-ed.
 Meetings every Monday:
 Beavers (ages 5-7) 4:30-5:30pm
 Cubs (ages 8-10) 6:00-7:30pm
 Scouts (ages 11-14) 6:00-7:30pm
 Contact: Kris Wilde ~ doug.kris.wilde@gmail.com

RESOURCE NUMBERS:

- Elkford Medical Clinic 250-865-2215
- Elkford Health Care Centre 250-865-2247
- Public Health Nurse Elkford 1-800-644-6144 or Spar. 1-250-425-2064
- BCNursesline 24hrs 1-866-215-4700
- Mental Health 1-800-661-0329 or 1-250-425-4564
- Addiction Services 1-800-644-6144 or 1-250-423-4423
- Ministry of Human Resources 1-866-866-0800
- Ministry for Children & Family Development 1-800-667-5623
- BCAA Car Seat Information 1-877-247-5551
- CCRR 1-800-881-2445
- East Kootenay Crisis Line 1-800-667-8407
- East Kootenay Friends of Children 1-866-564-2217
- Elk Valley Safe Homes 1-800-200-3003
- Elk Valley Victim Assistance 1-250-425-0499 or 1-250-423-7500
- Elkford Women's Task Force 250-865-2031
- Infant Development Program 1-877-999-2543
- Elk Valley Preschool Speech-Language Program 250-430-7026
- Family Support Institute 1-800-441-5403
- Fernie Counselling 250-423-2608
- Kids Count Too 250-423-6800
- Sexual Abuse Intervention 250-423-5311
- CB Family Resource Society 250-430-1136
- Women's Resource Centre 1-250-423-4687

EKkids.ca is a website that was created as a resource for parents and children in the East Kootenays. The links take you to our community pages where you'll find information about the Early Years Teams for each community, along with resources, ways to get involved, and a community calendar which tells you what is going on in that community on a given day.

Check it out now!



Coming Events

Katherine Russell, Glass Artist
www.katherinerussellglass.blogspot.com
studio range + one of a kind commissions + exhibitions

Elkford Community Cinema:
\$2 per person - \$5 per family at the Elkford Community Conference Centre. Bring your own snacks, For more information please go to:
<http://elkfordcommunitycinema.weebly.com/>

Daylight Savings Time

Spring Forward!

March 13th



Fernie Women's Resource Centre

Phone: 250-423-4687
Toll Free: 1.800.339.7393
Email: FWRC@shaw.ca

Send us an email:

For the Focus:
focus@elkfordlibrary.org

For other library matters:
library@elkfordlibrary.org

To contact us personally:
diane@elkfordlibrary.org
rosalie@elkfordlibrary.org
sandra@elkfordlibrary.org

Website:

<http://elkford.bclibrary.ca>

Deadline for submissions for the next issue of the Elkford Focus is the 20th of each month.

Please email your classified ads to focus@elkfordlibrary.org and put classified ads in the subject line. If you are sending us a coming event, please put coming event in the subject line.

Not Quite Classified Ads

**Thank you
for saving resources!**



**Pass this paper on for
more people to enjoy!**

ELKFORD ONLY-BUY/SELL/TRADE/FREE

<https://www.facebook.com/groups/433106850178548/permalink/471406429681923/>

Curbside Recycling is now available in Elkford
For more info call Dustin or Nicholle at 865-4341
Email: elkford.recycles@gmail.com
Website: www.elkfordrecycles.com

Food Bank

If you need assistance from the Food Bank, or you know somebody who does, please call:

(250) 865-4029

and leave a message. We will get back to you.

Elk Valley Safe Homes

Women's Shelter & Helpline
1-800-200-3003

Elkford Womens Task Force
250-865-2031

Kids Count Too

Kids Counselling
250-425-4202



Did we mention that classified ads are free?
Short descriptive ads,
no more than 50 words.

If you wish to add a picture, then we charge you our regular ad rates (see below).

But our rates are so inexpensive, they are the next best thing to free!

Advertising Rates per month effective March 1, 2013

	<u>Black & White</u>	<u>Colour</u>
Business Card	\$ 5.00	\$10.00
Quarter Page	\$10.00	\$30.00
Half Page	\$15.00	\$45.00
Full Page	\$20.00	\$80.00

Elkford Curling Club WILDKAT COMBO

Ladies & Men's Bonspiel
Feb 5, 6, & 7, 2016

Congratulations to our 2016 winners!



A Event: Skip; Nicole Schaaf, Third; Lindsay McIntyre, Second; Toni McIntyre, Lead; Lori Ingham



B Event: Lead; Tracey Lindeman, Second; CarolAnn Smith, Third; Kathy Brecht, Skip; Kayla Strandquist



C Event: Skip; Jill Klapp, Third; Camen Murray, Second; Carroll MacKinnon, Lead; Kathleen Murray



A Event: Lead; Cayle Pesiechnyk, Second; Butch Podrasky, Third; Dan Mercereaux, Skip; Fizz McKie



B Event: Lead; Dave Rodd, Second; Seamus White, Skip; Jeff Strandquist, Third; Rob Parkins



C Event: Lead; Bill McIntyre, Second; Dale Webber, Third; Craig Madsen, Skip; Frank Trozzo

Thank you to our sponsors!!

Event Sponsors; Donated logoed jackets to the winners of each event.

A Event - East Kootenay Community Credit Union

B Event - Western Financial Group

C Event - Bearspaw Contracting

Without the generous support of our local businesses through door prizes, our combo would not be such a success!

Abbey Ridge Web Productions;
Colleen Trozzo
C & F Restaurant
Canadian Tire, Fernie
Century Vallen
Chauncey Ridge Food Mart
Coal Miner's Gallery
Crownsnest Dental

Daybreak Cafe/Race Trac Gas
District of Elkford
Elkford Mini Mart
Elkford Wine Steward
Epicure; Colette Owens
Fernie Mountain Spirits
Gold Canyon Candles:
Rebecca Robinson

I Can & I Will, Beach Body Coach:
Gerri Madsen
Karen's Pet Inn
Komatsu
Kootenay Markets
Kuts & Kurls
McRae's Auto Electric
Mountain Meadows Golf Club

Mountain Mechanical
PINC Beauty & Wellness
Rockhard Fitness and P & C Golf
Rocky Mountain Optometry
SMS Equipment Inc
Starbucks; Fernie
Teck
Yamagoya

Elkford Curling Club Box 820 Elkford, BC V0B1H0
<http://www.elkfordcurlingclub.ca>